

## **Privacy Policy**

Effective Date: [Insert Date]

Holistic Wellness Solutions respects your privacy and is committed to protecting your personal information.

### **Information Collected**

We may collect name, email, phone number, appointment details, IP address, and usage data.

### **Use of Information**

Your information is used for scheduling, communication, service delivery, and marketing with consent.

### **HIPAA Awareness**

While this Website is not intended for PHI transmission, we take confidentiality seriously and protect personal data appropriately.

### **SMS & Email Marketing**

By opting in, you consent to receive text and email communications including reminders and marketing messages. Message frequency may vary. Message and data rates may apply.

### **Opt-Out**

Reply STOP to any text message or use the unsubscribe link in emails to opt out at any time.

### **Data Sharing**

We do not sell your data. Information is shared only with service providers or as required by law.

### **Security**

We implement reasonable safeguards but cannot guarantee absolute security.

### **Your Rights**

You may request access, correction, or deletion of your information and withdraw marketing consent at any time.

### **Contact**

Holistic Wellness Solutions

Website: <https://holisticws.com>